



21st BNAC Nepal Study Days

Royal Botanic Garden Edinburgh (RBGE) & University of Edinburgh (UoE)

13-14th May 2024

Contact email: bnacstudyday@gmail.com



Day 1: Monday 13 th May 2024	
@ ROYAL BOTANIC GARDEN EDINBURGH (RBGE)	
RBGE Science Building 20a Inverleith Row, Edinburgh, EH3 5LR (Google map)	
9.00-9.30	Registration (Reception for RBGE Science Buildings)
9.30-9.45	Welcome & Introduction: Mark Watson (RBGE), Ashrika Sharma (University of Edinburgh) & Sara Parker (BNAC Chairperson)
9.45-11.00	<div style="display: flex; justify-content: space-between;"> <div style="width: 48%;"> <p>Parallel Session A (Lecture Theatre)</p> <p>1. POLITICS & CONFLICT (Chair: Fraser Sugden)</p> </div> <div style="width: 48%;"> <p>Parallel Session B (Conference Room)</p> <p>7. HEALTH & HEALTHCARE I (Chair: Sara Parker)</p> </div> </div>
<p>KEY:</p> <p>Paper =</p> <p>15 minutes + 5 minutes Qs</p>	<p>Memory work and collective memorialisation: new initiatives to address the legacy of Nepal's conflict [Paper]</p> <p>Ruth Marsden <i>Freelance, UK</i></p>
<p>Pitch =</p> <p>5 minutes + 5 minutes feedback</p>	<p>Understanding the power of cultural identity in political movements: a cultural political economy approach to the Madhesi uprising in Nepal [Paper]</p> <p>Clare Cummings <i>University of Manchester, UK</i></p>
<p>Poster =</p> <p>Mention + Showing</p>	<p>A short inquiry into the apparent 'punitive turn' in Nepal [Pitch]</p> <p>Charlotte Ramble <i>University of Cambridge, UK</i></p>
11.00-11.30	<p style="text-align: center;">BREAK FOR TEA AND COFFEE</p> <p style="text-align: center;">Room: Conference Room</p>

11.30-12.45	Parallel Session A (Lecture Theatre) 2. DEVELOPMENT, ECONOMICS, EDUCATION (Chair: Krishna Adhikari)	Parallel Session B (Conference Room) 8. HEALTH & HEALTHCARE II (Chair: Padam Simkhada)
KEY: Paper = 15 minutes + 5 minutes Qs	The Urban Transition in Nepal's western Tarai in the First Millennium CE [Paper] Jiajing M, Durham University, UK	Challenges and forms of coping and support in the daily lives of Nepali mothers of children with intellectual disabilities: a qualitative study [Paper] Namrata Pradhana*, Gørill Hauganb, Jennifer Infanti Norwegian University of Science and Technology (NTNU), Norway
Pitch = 5 minutes + 5 minutes feedback	Randomised controlled trials (RCTs) in education research; issues and challenges [Paper] Dev Raj Achary¹ & Rosemary Cann² 1. Uni. Of Wolverhampton, UK 2. Aberystwyth University, UK	From Unemployment to Wellness: Transnational Connections as a Means of Creating Futures for Sowa Rigpa in Nepal [Paper] Patricia Mundelius University of Edinburgh, UK
Poster = Mention + Showing	Tracing the interconnections in and of the Himalayas in the first millennium CE [Pitch] Jiajing Mo Durham University, UK	Exploring yoga and compassion meditation for managing stress in mothers of children with intellectual disability – A qualitative feasibility study [POSTER] Namrata Pradhan¹, Gørill Haugan², Poonam Rishal³, Jennifer Infanti¹ 1. Norwegian Uni. of Science and Technology (NTNU), Norway 2. Nord Uni., Norway, 3. Kathmandu University, Nepal
12.45-1.45	LUNCH Room: Conference Room [BNAC Executive Committee Meeting, Board Room]	
1.45-3.00	Parallel Session A (Lecture Theatre) 3. MIGRATION & MOBILITY (Chair: Michael Hutt)	Parallel Session B (Conference Room) 9. HEALTH & HEALTHCARE III (Chair: Edwin van Teijlingen)
KEY: Paper = 15 minutes + 5 minutes Qs Pitch = 5 minutes + 5 minutes	Masculinity, Migration and Work: Highly skilled Nepalis in Denmark [Paper] Malte Skov University of Manchester, UK Long term outcomes of return migration: Rural differentiation and class mobility in Nepal and Moldova [Paper] Fraser Sugden & Arjun Kharel University of Birmingham, UK	Experiences of menstruation amongst the Newars in Sankhu, Nepal [Paper] Sierra Humbert University of Copenhagen, Denmark Studying the effect of federalization on Nepal's health system: from participatory action research to producing policy briefs [Paper] S.R. Adhikari, P. Adhikary, J. Balen, S. Bhandari, A. Dhakal, S. Gautam, J.K. Karki, B. Koirala, A.C.K. Lee, S.B. Marahatta, R. Neupane, S. Panday, B. Rijal, S. Rushton, S. Sapkota, P.P. Simkhada, M. Subedi, E. van Teijlingen, & S.P. Wasti Uni. of Greenwich, Uni. of Sheffield, Uni. of Huddersfield, Canterbury Christ Church Uni., Uni. of Essex, Kathmandu Medical College, PHASE Nepal,

<i>feedback</i>		<i>Manmohan Memorial Institute of Health Sciences, Tribhuvan University</i>
<i>Poster = Mention + Showing</i>	Migration and the Persistence of Inequalities: Intergenerational migration from Nepal to the Persian Gulf [Paper] Amrita Limbu <i>University of Leeds, UK</i>	Health Providers' Perspectives on Facilitators and Barriers to Dengue Outbreak 2022 in the Kathmandu Valley [POSTER] Ruby Maka Shrestha, Bikram Poudel, Satish Bista, Biraj Man Karmacharya <i>Kathmandu University Hospital, Nepal</i>
3.00-3.30	BREAK FOR TEA AND COFFEE Room: Conference Room	
3.30-4.30	Parallel Session A (Lecture Theatre) 13. NEPAL STUDIES & TEACHING I	Parallel Session B (Conference Room) 15. MIGRATION & HEALTH
<i>Panel = 1 hour</i>	PANEL DISCUSSION Teaching and Learning on Higher Education field trips in Nepal CHAIR: Clare Barnes, University of Edinburgh, UK PANELISTS: Sara Parker, LJMU, UK; Margi Bryant, Uni. Of Sheffield, UK; Fraser Sugden, Uni. Of Birmingham, UK; Sam Staddon, Uni. of Edinburgh, UK	PANEL DISCUSSION Navigating Health Challenges: The Well-being of Nepali Migrant Workers CHAIR: Padam Simkhada, University of Huddersfield, UK PANELISTS: Edwin van Teijlingen, Pramod Regmi & Nirmal Aryal Bournemouth Uni., UK; Sharada P Wasti Uni. Of Greenwich, UK; Aliza KC Bhandari St. Luke's International University, Japan
4.30-6.00	FILM SHOWING & DISCUSSION WITH HERNE KATHA DIRECTORS Preview of latest film 'The Years Lost' https://hernekatha.com	FREE TIME TO EXPLORE THE BOTANIC GARDEN (leave the garden by public exits)
6.30 onwards	DINNER Passage to India 20 Union Place, Edinburgh, EH1 3NQ (1 mile or 25 minutes walk from RBGE) https://passage2india.co.uk/ (Google maps) £25 (Nepali Khana set with 3 starters) Payable direct to the Restuarant	

Day 2: Tuesday 14th May 2024

@ UNIVERSITY OF EDINBURGH

Edinburgh Climate Change Institute (ECCI) High School Yards, Infirmary Street, Edinburgh, EH1 1LZ ([Google maps](#))

9.00-10.15	Parallel Session A (Room: Training & Skills) 4. CULTURE & LITERATURE (Chair: Stefanie Lotter)	Parallel Session B (Room: The Pod) 7. ENVIRONMENT & SOCIETY I (Chair: Ashrika Sharma)
<p>KEY:</p> <p>Paper = 15 minutes + 5 minutes Qs</p> <p>Pitch = 5 minutes + 5 minutes feedback</p> <p>Poster = Mention + Showing</p>	<p>When Brahmins are Shamans: Dealing with Unruly Spirits of the Dead in West Central Nepal [Paper] Krishna P. Adhikari & David N. Gellner <i>University of Oxford, UK</i></p>	<p>The effects of surface topography and basin layering on the earthquake ground motion intensities in intermontane-basin settings [Paper] Himanshu Agrawal & Mark Naylor <i>Uni. of Edinburgh, UK</i></p>
	<p>A Tale of Three Shrines: On Spirit Possession, Occult Economies, and Ontological Doubt in the Himalayan foothills (Dang, Nepal) [Paper] Ina Zharkevich <i>Kings College London, UK</i></p>	<p>Jalthal Forest, Jhapa: a case study of community-led forest management [Paper] Mark Watson, Colin Pendry, Bhaskar Adhikari <i>RBGE, UK</i></p>
	<p>Dalit literature in India and Nepal: the question of authorial authority [Paper] Michael Hutt <i>SOAS, UK</i></p>	<p>In Our Hands: the crafting of a Place Based Creative Green Economy in Nepal [Paper] I Panneels <i>Napier University, UK</i></p>
		<p>Impact of sediment transport on newly constructed embankments and flooding in the Himalayan Rivers in Nepal [POSTER] Saraswati Thapa, Hugh Sinclair, Maggie Creed, Alistair Borthwick <i>Uni. of Edinburgh, UK</i></p>
		<p>Data Gaps and Challenges for Surface Water Flooding: A Comparative Case Approach in the UK and Nepal [POSTER] Purnima Acharya, Ed Rollason, Louise Bracken, Eleanor Starkey <i>Northumbria Uni., UK</i></p>
10.15-10.45	<p>BREAK FOR TEA AND COFFEE</p> <p>Room: ECCI Atrium</p>	

10.45-12.00	Parallel Session A (Room: Training & Skills) 5. GENDER & IDENTITY I (Chair: Gael Robertson)	Parallel Session B (Room: The Pod) 8. ENVIRONMENT & SOCIETY II (Chair: Sam Staddon)
<p>KEY: Paper = 15 minutes + 5 minutes Qs</p> <p>Pitch = 5 minutes + 5 minutes feedback</p> <p>Poster = Mention + Showing</p>	<p>Experience of intimate partner violence among Nepalese women living in the UK [Paper] Bindu Devkota¹, Padam Simkhada¹, Dillon Newton¹, Sara Parker² 1. <i>Huddersfield Uni., UK</i>, 2. <i>Liverpool John Moore Uni., UK</i></p> <p>Empowering Youth as Changemakers for Gender-Transformative Action: A Play-Based Participatory Approach in South-East Nepal [Paper] Sara Begg <i>Liverpool School of Tropical Medicine, UK</i></p>	<p>We didn't start the fire! Decolonising narratives surrounding the climate and ecological crises and mental health and wellbeing to facilitate climate justice and equity [Paper] Samridha S. J. B. Rana, Paul Morris, Emily Pacheco, Caroline Brett <i>UoE, UK</i></p> <p>Perspectives on Environmental Change [Paper] Ben Campbell <i>Durham University, UK</i></p> <p>Participatory Mapping of Mobility: Understanding Dynamic Exposure to Cascading Mountain Hazards in Rural Nepal [Paper] Katherine Arrell¹, Katie Oven¹, Dipak Basnet², Nyima Dorjee Bhotia², Tek Bahadur Dong², Anuradha Puri², Nick Rosser³, Sarmila Paudyal⁴, Erin Harvey³ ¹ <i>Northumbria Uni., UK</i>, ² <i>Social Science Baha, Nepal</i>, ³ <i>Durham Uni. UK</i> ⁴ <i>National Society for Earthquake Technology, Nepal</i></p>
12.00-1.00	BNAC AGM & PhD Prize announcement Room: Training & Skills	
1.00-1.45	LUNCH Room: ECCI Atrium	
1.45-3.00	Parallel Session A (Room: Training & Skills) 6. GENDER & IDENTITY II (Chair: Jeevan Sharma)	Parallel Session B (Room: The Pod) 9. ENVIRONMENT & SOCIETY III (Chair: Ben Campbell)
<p>KEY: Paper = 15 minutes + 5 minutes Qs</p> <p>Pitch =</p>	<p>'#gurkhaonthetrail': Masculinity, militarism and mountain sport amongst Nepali trail runners [Paper] Will Lloyd <i>Durham University, UK</i></p>	<p>Public Participation for Disaster Risk Reduction in Nepal: Gaps between Rhetoric and Practice [Paper] Ashrika Sharma¹, Kate Donovan¹, Sukanya Krishnamurthy¹, Maggie Creed² 1. <i>Uni. Of Edinburgh, UK</i>, 2. <i>Uni. Of Glasgow, UK</i></p>

<p><i>5 minutes + 5 minutes feedback Poster = Mention + Showing</i></p>	<p>Methodological reflections on doing fieldwork on menstruation as Menstruator in Western Nepal: Positionality, ethical dilemma, hidden struggle, and emotional toll of researching sensitive issues [Paper] Rajya Laxmi Gurung Tribhuvan University, Nepal</p>	<p>Enhancing earthquake preparedness knowledge and practice among Nepalese immigrants residing in Japan [Paper] Aliza K C Bhandari, Mahbubur Rahman & Osamu Takahashi St Lukes International Uni, Japan</p>
		<p>Living with hazards: how household dynamics shape people's vulnerabilities in the mid-hills of Nepal [Paper] Bina Khapung Northumbria University, UK</p>
<p>3.00-3.30</p>	<p>BREAK FOR TEA AND COFFEE Room: ECCI Atrium</p>	
<p>3.30-4.30</p>	<p>Plenary (Room: Training & Skills) 16. BOOK DISCUSSION</p>	
<p><i>KEY: Panel = 1 hour</i></p>	<p>BOOK DISCUSSION Nepal's Dalits in Transition (Vajra Books) (Editors) Krishna P. Adhikari & David N. Gellner University of Oxford, UK CHAIR & PANELIST: Ben Campbell, Uni. of Durham. PANELISTS: Kalyan Bhandari, University of the West of Scotland, UK; Ina Zharkevich, King's College London</p>	

THANK YOU SO MUCH FOR YOUR PARTICIPATION AND ENGAGEMENT IN THE NEPAL STUDY DAYS – We hope you find it interesting, insightful and inspiring 🙏

Organising Committee:

Jeevan Sharma, Ian Harper, Ashrika Sharma & Sam Staddon (University of Edinburgh)
Bhaskar Adhikari, Colin Pendry & Mark Watson (RBGE)
Fraser Sugden (BNAC)

Sponsored by:

Centre for South Asian Studies (CSAS), Edinburgh Centre for Medical Anthropology (EdCMA), Social Anthropology Subject Area, School of GeoSciences and Royal Botanic Garden Edinburgh (RBGE)